

# Community health & the present day

***After years of malpractice and mistreatment of patients there was a call for reform to mental health practices and the treatment of patients in psychiatric hospitals. The National Health Service and Community Care Act 1990 was focused on ensuring vulnerable adults stayed in the care of the community and tried its best to prevent or delay peoples need to go into institutional care.***

***The focus of community care was to try support independent living within community and moved away from the model of control and restraint. This led to the closure of asylums and many prolific psychiatric hospitals across Britain. However this left many people behind who had only ever lived in and known these institutions. Many people have been left with PTSD and traumatised from their treatment. This has continued to impact generations of their family members to this day.***





*Photograph of the Old Bull Pub (Mock Pub)  
Men's Health Centre, NHS Primary Care Trust, UK  
Date :Unknown*

The old bull pub photographed was setup in a men's mental health unit by The King's Fund. Although it may not serve real alcohol, it aimed to create a welcoming and familiar communal space for patients. It formed an important part of the patients recovery and healing process.

Concepts such as this one highlight how far treatment has come in mental health units and how important it is to humanise practices. Most importantly it highlights how important it is to not punish or ostracise people struggling with their mental health, but instead creating positive experiences and person centred treatment. Mental health practices should focus on recovery and peoples reintegration into society.



*We hope this exhibition has made you consider your own understanding of mental health and its history, and how your perception of it may have been shaped by history, media, and language.*

*If you would like to comment on the terms we have used or give us feedback contact us at  
mentalhealth.wellcome.exhibition@gmail.com*

For further information or any support needed on the sensitive topics covered in this exhibition.

Please visit : <https://www.mind.org.uk/information-support/in>